



Domestic Violence

What is Domestic Violence:

- Is when one person uses willful intimidation, physical assault, sexual assault, threats, emotional and/or other abusive behavior as part of a pattern in order to power over or control another person.

Teen Dating Violence: is a type of domestic violence. Can take place in person or electronically. Repeated texting or calling, posting sexual pictures without consent. Behaviors such as teasing and name calling can be considered part of normal everyday relationships, however these behaviors can become abusive and develop into violence.

Four types of Teen Dating Violence behavior:

- Physical violence: a person hurt or tries to hurt a partner by hitting, kicking or using another type of physical force.
- Sexual violence: forcing or attemptin to force a partenr to take part in a sexual act or sexting when the partner does not or cannot consent.
- Psychological aggression: use of verbal and non-verbal communication with the intent to harm another person mentally or emotionally and/or exert control over another person.
- Stalking: a pattern of repeated, unwanted attention and contact by a partner that causes fear or concern for one's own safety.

Consequences: Teens may experience:

- Experience symptoms of depression and anxiety
- Engage in unhealthy behaviors, like using tobacco, drugs, and alcohol
- Exhibit antisocial behaviors, like lying, theft, bullying or hitting
- Think about suicide

Violence in an adolescent relationship sets the stage for problems in future relationships, including intimate partner violence and sexual violence perpetration and/or victimization throughout life. For instance, youth who are victims of dating violence in high school are at higher risk for victimization during college.

Ways to prevent teen dating violence:

- Learn and know healthy and safe relationship skills
- Talk to trusted adults if you are concerned with an unsafe relationship
- Seek help from peers and trusted adults



Resources: www.cdc.gov; www.ncadv.org